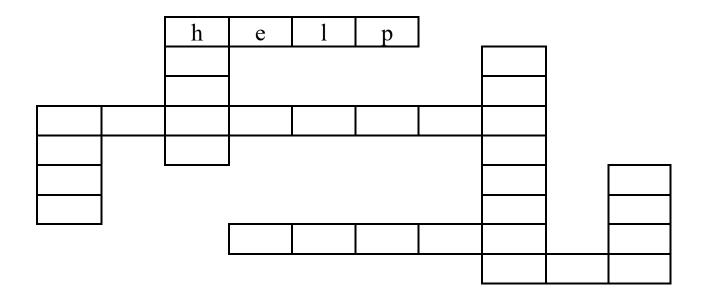
Follow instructions from your doctors, nurses and family.



Use these words and clues to fill in the puzzle.

eat exercise focus hands help mask medicine rest

You should wash these before eating.

You wear this.

You take this to feel better.

Walking is a form of this.

When tired, you should do this.

You do this to get energy.

You do this to listen well.

You ask for this when you want someone to assist you. help

